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This book written by Panagiota Plisi and Eleni Louvrou is an excellent guide that addresses the needs of children on the autism spectrum, especially those concerning social and theory of mind skills.

This book provides valuable material on several important issues such as:

- Unwritten social rules, e.g. 'You can think about it but don't say it out loud'.
- How to express thoughts and emotions using the appropriate words.
- How to develop emotional intelligence skills such as 'What can I do if a friend is crying'.
- The decoding of social skills.
- Personal safety skills via the examples that acknowledge private body parts, strangers, the internet, etc.
- Social understanding.
- Other important issues such as personal hygiene, bullying and sensory issues.

An important point worth noting is that both in the first part of the book with the illustrations and the second part containing the explanations, the neurodiversity of the autistic brain is treated with respect. Each instruction is given while acknowledging the uniqueness of children on the autism spectrum. The book firstly addresses the way the mind of an autistic child functions and its uniqueness and only then provides advice. This indeed constitutes the basis of the education of all children and not only those on the autism spectrum.

Thus, the book can also be used by parents or teachers to educate neurotypical children precisely because it provides the opportunity to discover the needs of a child and then later, to help the child create his own social map.